

Psalms Listed By Mood

The following chart lists categories that reflect the variety of emotions and circumstances of both the Psalms and our own lives. As you begin your time of prayer, choose the category which best describes your need or emotional state. To the right of the category you will find a list of psalms that serve to express that sentiment. Prayerfully read the Psalm and ask the Lord to speak to you through the Psalm. Record what you sense Him saying to your heart.

Category	Psalm
Your contemplative meditations	8, 19, 36, 68, 77, 87, 89, 90, 114, 132
Your adoration for who God is	8, 11, 23, 24, 67, 75, 84, 93, 95-97, 100, 117, 134, 139, 145-150
Your worship for what God has done in creation and preservation	33, 66, 76, 98, 99, 104, 105, 108, 124, 135, 136
Your praise and worship for what God continues to do	27, 29, 46, 47, 65, 103, 104, 111, 113, 121
Your thanksgiving for what God has done for you (answered prayer)	9, 18, 21, 30, 34, 40, 48, 66, 92, 107, 116, 118, 126, 138
Your submission to God	16, 25, 27, 56, 62, 71, 101, 131
Your hope in the Messiah	2, 8, 16, 22, 26, 45, 69, 72, 89, 110, 118, 132
Your confidence in His written Word	1, 19, 50, 119
Your meditations on wise sayings	1, 14, 15, 37, 49, 53, 91, 112, 125, 127, 133
Your struggle with temptation	73, 141
Your desire for guidance from the Lord, or your worry	5, 25, 27, 61, 143
Confession and sorrow for sin	6, 32, 51, 106, 130
Your distress or need in general	3-5, 7, 17, 28, 43, 54, 57, 59, 70, 86, 108, 123, 144
Your prayers for the needs of another	20, 72, 85, 115, 122, 128
Your pain or frustration in a time of illness	6, 38, 41, 88, 102
Your discouragement or hurt	13, 22, 26, 42, 60, 69, 74, 79, 142
Your sorrow or hope near death	23, 31, 39, 63, 88, 143
Your grief or mourning	6, 31, 77, 137
Your expression of God's righteous anger at His people	49, 50, 78, 81, 82
Your anger at those hostile to God	10, 12, 35, 40, 52, 55, 58, 64, 69, 83, 94, 109, 120, 129, 140
Your anger at God	44, 80, 137