

Confession-Is It Really Necessary?

This is an intro to a series I will be writing titled "How I confessed my way to Freedom."

James 5:16a, "Therefore confess your sins to each other and pray for each other so that you may be healed."

John 8:32, "Then you will know the truth, and the truth will set you free."

Ever wonder why gossip magazines sell like hotcakes? Have you ever considered it's because our sinful nature thrives on knowing other people's "junk?" Why do you think our flesh thrives on other's "junk?" Is it perhaps because it makes our "junk" look less junky?

You see we eat up the latest gossip about Miley Cyrus or Britney Spears, but what if those were our secrets spread out on the cover of People Magazine? Are you getting the picture? What piece of "junk" in your emotional closet do you hide at all costs?

Now I'm not suggesting we call up the Chattanooga Times Free Press and buy a full page ad confessing our sins to all of Chattanooga. What I would like to suggest is you share them with a close friend, maybe a spiritual mentor, freedom counselor or pastor. I will share with you over the next few articles how I confessed my way to freedom. I will be transparent with you in order to encourage you to do the same....and I can promise you something, the truth will set you free.

Okay, I can hear the excuses all throughout cyberspace. Yes, I am talking to you. The one who thinks they will bring disgrace to their family name if you share that you were raped, or had an abortion, or a homosexual relationship. What about an illicit sexual relationship, an affair, drug or alcohol addiction, pornography addiction, sexual abuse, experience in the occult, tax evasion, idolatry, theft...you get the picture.

Maybe the family name isn't an issue for you, but what would your pastor think of you? What would the nice couple in your Sunday school class think of you? What would your parents think of you? What would your children think of you? If they knew the truth would they still love you, accept you, want to be your friend?

If reputation isn't an issue for you maybe you question if it is really necessary to air the dirty laundry. Didn't your salvation take care of all that junk? Absolutely, your salvation paid for the sin, but is that the end of it? Then why does James 5:16 tell us to confess to one another?

What if I told you that hanging on to secrets (even if they are past history and not current issues) is keeping you in bondage? Jesus came to set us free from bondage, so we would no longer be slaves to sin. Jesus is Truth.

Are you intrigued? Do you want to be truly free? Want to know what confessing your way to freedom looks like? So put your fear aside, you won't need to post your sins on the internet.

Check back in the next few days for part one of "How I confessed my way to Freedom?" I'm going to air **some** of my dirty laundry and ungodly beliefs and trust me, it's not going to hurt me one bit...because once my shame and sin had been confessed, sin lost its hold on me. Yep, Satan took a loss on that one! By the time we are finished with this series his cover will be blown. Ready? Aim? TRUTH!